

Supplement Facts

Serving size: Approx. 1 Packet (5.11g)

Servings Per Container: 1

	Amount per Serving	%DV
Vitamin D3 (as Cholecalciferol)	10 mcg	50%
Vitamin B6 (as Pyridoxine HCl)	5 mg	294%
Vitamin B12 (as Methylcobalamin)	500 mcg	20833%
Magnesium (as Magnesium Citrate)	55 mg	13%
Fructooligosaccharides (FOS)	2000 mg	**
Lion's Mane Mushroom Powder (Hericium erinaceus) (fruiting body)	500 mg	**
Rhodiola Root Powder (Rhodiola rosea L.) (std. to 3% Rosavins, 1% Salidroside) (root)	300 mg	**
Ashwagandha (Withania somnifera) (root) (std to 5% total withanolides)	250 mg	**
L-Theanine	100 mg	**

** Daily Value (DV) not established.

Other Ingredients: Naturally Flavored, Stevia Leaf Extract.

This product is produced in a facility that also processes milk, eggs, fish, shellfish, tree nuts, peanuts, soy, wheat, sesame and may contain trace amounts of all ingredients.

Storage Instructions: Store in a cool dry place.

Flavor(s): Salted Caramel Vanilla

Warning:

For use by healthy adults only, not recommended for persons under the age of 18. Seek the advice of a qualified healthcare professional before taking if you are on medication or have a pre-existing medical condition. Do not use if you are pregnant or nursing. Discontinue use and consult your physician if any adverse reactions occur. Do not use if inner seal is broken or missing. Take only as directed and do not exceed the recommended dosage.

KEEP OUT OF THE REACH OF CHILDREN.

†These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.